

Developmental Concepts Enhanced through Music and Movement

For 3-year-olds thru Pre-K

Based on the California Department of Education Profile

SOCIAL SKILLS

Music contributes to bonding and trust

Self-Concept

Recognizes "I'm a boy" or "I'm a girl" or "I'm 4"

Behavior

Gives a greeting; Hello/good-bye

Self-Awareness

Can follow or lead

Self-regulation

-Cooperates with others
-Shares and takes turns
-shows impulse control
-can pretend in play activities

Interpersonal Skills

-Shows confidence "I can do this"
-Asks for help/gives help

Awareness of others

-solves conflicts with others
-listens and follows rules and directions
- concerned about fairness for all

LANGUAGE SKILLS

Comprehension

-Understands directions and follows them
-understands words in songs, stories, fingerplays and chants
-distinguishes different sounds

Expression

-Can share a story or an idea
-Can ask a question
-participates in songs, rhymes and games and stories that play with sounds of language
-creates own rhyming words thru songs, fingerplays and chants

PROBLEM SOLVING AND THINKING SKILLS

Learning

-observes new things and asks questions
-combines materials and activities in new ways
-acts out stories or songs
- makes up songs
-uses body and sounds to express rhythms
-has adequate attention span
-uses and understands symbols for other objects

Creativity

-makes up sounds, movements and words
-can remember song lyrics and body movements
-shows long- term and short -term memory ability
- can imitate others
- can form concepts

MATH SKILLS

Number concepts

- Can count to 10
- uses words like “many”, “big”, “little” etc.

Order and time

- orders objects from smallest to largest, or in correct sequence
- understands different rates of speed: fast/slow
- exposed to “today” or “tomorrow”, “now” and “later”

Math concepts

- describes same and different
- matches objects by color or shape
- recognizes simple patterns
- estimates or takes guesses

LITERACY SKILLS

Reading

- Understands that letters make up words, especially in their name
- recognizes sounds of letters and words
- interested in stories and books
- able to track: movement of eyes from left to right

Comprehension

- plays with words and sounds
- exposed to stories, either sung or told, or read from a book

MOTOR SKILLS

Gross motor skills

- moves about the room without bumping into objects or others
- jumps with both feet together
- catches an object
- shows rhythmic movement by marching and moving to music
- skips or gallops
- has body awareness
- shows balance and coordination
- can cross arms at vertical mid-line of body
- aware of different body parts

Fine motor skills

- can manipulate two objects at once
- uses hands with small materials, like instruments, puppets or other props
- imitates fingerplays